

NEWS RELEASE

JENNIFER OGG

- Born December 7, 1970 in London, Ontario
- Attended Lord Dorchester Secondary School, McMaster University
- Started boxing in London at the All-Nations Boxing Club which was run by noted London boxing trainer and head coach Frank Rodriguez and assistant coach Bob Flannigan
- Is only the second Canadian female boxer to win a world championship
- 4X national champion with a record of 69-7, with only 1 loss in her last 35 bouts
- Won 2002 Women's World Amateur Championship in 60 kilo class in 2002 in Antalya, Turkey with 5 bouts in 7 days. Stopped first two opponents from China and Finland in second round, then defeated boxers from Russia, Brazil and Greece to win gold
- Was second Canadian female boxer in history to win a world championship – Crystelle Samson won 60 kg title in 2001
- Was 1 of 2 boxers from London to represent Canada at the 2002 championships – other was Debbie Richards
- Didn't make team initially but was named to team following representations from president of Bluewater Box Club where she trained
- Retired from City of London police force in 2022 after 30 years of service
- Prior to starting her work would drive to Sarnia to train early in morning then head to London for afternoon or evening shifts
- Broke hand sparing 2003 just prior to national championships. 3 months after hand surgery beat national championships winner twice to regain championship
- In 2002 she was a top-three finalist for Canadian Female Athlete of the Year
- Named Canadian female boxer of the year in 2002 and 2003
- In 2004 won class in Taiwan International Tournament
- Inducted into Canadian Boxing Hall of Fame – 2024
- Named to London (Ontario) Mayor's Honour List (2004) and YMCA Women of Distinction for Sport (2005)
- Retired from boxing in 2005 and took up triathlon and has competed in China, Austria, Spain and Hawaii
- President of Boxing Ontario (retiring fall 2025), having served on Board of Directors for 4 years